

FAST FOOD MAVEN

fast food eats, culture and trends



[Kids Eat Free in the O.C.](#)

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With grocery prices skyrocketing, it's getting pretty difficult to feed a full-sized family. But it seems there is still hope! After doing a little bit of research, I learned that there is quite a long list of restaurants in the OC that offer free meals to kids! Check out this list to find out where you might be able to score a cheaper dinner tonight!

1. **Pat & Oscar's:** Kids eat free every Tuesday evening from the Kid's Menu. Adult Entree purchase required. Available at all Pat & Oscar's locations.
2. **IHOP Restaurants:** Select restaurants (i.e. [one in Garden Grove](#), [two in Anaheim](#)) have Kids Eat Free evenings every night after 4 P.M. with purchase of adult entree. Kids can choose any item from the kids menu. Select locations only.
3. **Chick-Fil-A:** Varies by location. At [Irvine Marketplace location](#), kids eat free kids meal every Tuesday with purchase of combo. Promotions vary by location; some offer 99-cent kids' meals.
4. **Denny's Restaurants:** Kids eat free every Tuesday from 4-10 P.M. in all Denny's across America. Up to two kids can eat free per one adult entree purchase. Some Denny's extend their Kids Eat Free to Saturdays, on individual-restaurant basis.
5. **Ruby's Diner:** Kids eat free from [kid's menu](#) every Tuesday evening after 4 P.M. starting September 22. Adult entree purchase required.
6. **Rainforest Cafe:** Kids can eat for \$1.99 on Wednesday "Family Fun Nights" with purchase of any entree. Only available at mall locations (i.e. [South Coast Plaza location](#)). Other ways kids can eat free at Rainforest Cafe: participate in their Summer Reading Program or finish the rainforest lesson plan in school.
7. **Taco Mesa:** Kids eat free all day Sunday. One 10-and-under child per adult entree. Kids can choose from a variety of kids meals: cheese quesadilla, steak or chicken breast taco or chicken fingers. Offered at all four Taco Mesa stores.
8. **Carrows Restaurants:** One child per adult entree purchase can eat free every Monday and Tuesday after 4 P.M. Offered at virtually all Carrows locations; dates may vary depending on location, though most in O.C. district are Monday and Tuesday.
9. **Fred's Mexican Cafe:** "Family Fiesta Night" every Sunday evening from 4-9 P.M. Free kids item from kids menu (variety of items). Other family-fun activities available: balloon maker, pinata, coloring and guitar hero. Offered only at Laguna Niguel location.
10. **Stadium Brewing Company:** Family Night on Monday. Kids 12 and under can eat free with each adult entree purchase.
11. **Angelo's and Vinci's Ristorante:** Kids can eat buffet items for half price. Every Tuesday evening free spaghetti for kids with every adult purchase.
12. **Lone Star Steakhouse:** 2 kids can eat free kid's menu item with purchase of any adult entree every Tuesday and Saturday from 11-4 P.M. Available at all Lonestar locations.
13. **BeachFire:** Kids can eat free from kids menu with purchase of adult entree every Tuesday. Available at all locations.
14. **Jerry's Dogs:** Kids eat free every Monday, Tuesday and Wednesday evening after 4 P.M. Kids get free Kid's Combo with purchase of Adult Combo. Available at all three Jerry's Dogs locations.
15. **Sonoma Restaurant:** Kids eat free 6 days a week (restaurant is closed on Monday) starting from 5 P.M. As long as children come with parents or adults, no limit on how many children get free meals. Free meal varies depending on what chef prepares; meals range from pasta to chicken to burgers.

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This entry was posted on Tuesday, July 22nd, 2008 at 5:58 pm and is filed under [Chick-fil-A](#), [Fast food news](#), [Food Prices](#), [Food freebies](#), [IHOP](#), [Kids Meals](#), [Ruby's Diner](#), [Taco Mesa](#). You can follow any responses to this entry through the [RSS 2.0 feed](#). You can skip to the end and leave a response. Pinging is currently not allowed.